FAMILY RELATIONS AND HUMAN DEVELOPMENT (FRHD)

FRHD*1010 Human Development Fall and Winter (LEC: 3) [0.50]
This course is an introduction to the study of the development of the individual throughout the life cycle. Emphasis will be placed on the interrelationships between physiological, sociological and psychological aspects of normal human development.
Offering(s): Also offered through Distance Education format.
Restriction(s): Not available to Child, Youth & Family or Child, Youth & Family Co-op majors. This is a Priority Access course. Some restrictions may apply during some time periods. Please see the departmental website for more information.
Department(s): Department of Family Relations and Applied Nutrition Location(s): Guelph

FRHD*1020 Couple and Family Relationships Winter Only (LEC: 3) [0.50]
A survey of family dynamics throughout the life course, emphasizing themes of power, intimacy and family diversity. Topics may include: gender socialization, sexuality, mate selection, communication, abuse, couple interaction, parent-child relations, divorce, remarriage.
Offering(s): Also offered through Distance Education format.
Equate(s): FRHD*2010
Restriction(s): This is a Priority Access Course. Some restrictions may apply during some time periods. Please see the departmental website for more information.
Department(s): Department of Family Relations and Applied Nutrition Location(s): Guelph

FRHD*1100 Life: Health and Well-Being Fall Only (LEC: 3) [0.50]
This course integrates the theory, application and research of various aspects of health-related topics across the lifespan, emphasizing relevance to the lives of young adults
Offering(s): Offered through Distance Education format only.
Restriction(s): This is a Priority Access Course. Some restrictions may apply during some time periods.
Department(s): Department of Family Relations and Applied Nutrition Location(s): Guelph

FRHD*2060 Adult Development and Aging Fall Only (LEC: 3) [0.50]
This course provides an overview of major theoretical approaches, research issues and methodologies, and significant research findings which relate to adult development and aging.
Prerequisite(s): 1 of ANTH*1150, FRHD*1010, FRHD*1100, PSYC*1000, PSYC*1100, PSYC*1200, SOC*1100
Restriction(s): This is a Priority Access Course. Some restrictions may apply during some time periods. Please see the departmental website for more information.
Department(s): Department of Family Relations and Applied Nutrition Location(s): Guelph

FRHD*2100 Development of Human Sexuality Fall and Winter (LEC: 3) [0.50]
This course covers a social scientific analysis of human sexuality. Emphasis will be placed on the development of sexuality within an interpersonal context.
Offering(s): Also offered through Distance Education format.
Prerequisite(s): 4.00 credits
Restriction(s): This is a Priority Access Course. Some restrictions may apply during some time periods.
Department(s): Department of Family Relations and Applied Nutrition Location(s): Guelph

FRHD*2110 Children and Youth with Exceptionalities Fall Only (LEC: 3) [0.50]
This course provides an overview of childhood exceptionalities including intellectual differences, communication disorders, sensory impairments, developmental and behaviour disorders, and health problems with specific attention given to philosophies of inclusion and inclusive practice. Issues faced by the exceptional child as well as the parents and siblings are discussed.
Offering(s): Also offered through Distance Education format.
Prerequisite(s): 4.00 credits
Co-requisite(s): 1 of FRHD*2260, FRHD*2270, FRHD*2280, PSYC*2450
Restriction(s): This is a Priority Access Course. Some restrictions may apply during some time periods. Please see the departmental website for more information.
Department(s): Department of Family Relations and Applied Nutrition Location(s): Guelph

FRHD*2260 Infant Development Winter Only (LEC: 3) [0.50]
This course is an examination of developmental principles and milestones characterizing infant development from conception to 24 months. Emphasis will be placed on understanding the nature of the reciprocal family-infant interactions during this period, and on the societal context influencing those interactions.
Offering(s): Also offered through Distance Education format.
Prerequisite(s): 1 of ANTH*1150, FRHD*1010, FRHD*1100, PSYC*1000, PSYC*1100, PSYC*1200, SOC*1100
Restriction(s): This is a Priority Access Course. Some restrictions may apply during some time periods. Please see the departmental website for more information.
Department(s): Department of Family Relations and Applied Nutrition Location(s): Guelph

FRHD*2400 Principles of Program Design for Children Winter Only (LEC: 3) [0.50]
This course will examine the elements involved in planning and implementing quality play-based programs for young children. Some of the issues include: the role of the teacher, meeting developmental needs, the materials and the organization of the environment, and instructional strategies. The course will involve a workshop component.
Prerequisite(s): FRHD*2270 or PSYC*2450
Restriction(s): Restricted to students in BASC Program (CYF, CYFC, CSTU majors).
Department(s): Department of Family Relations and Applied Nutrition Location(s): Guelph

FRHD*2450 Childhood Family Life: Health and Well-Being Fall Only (LEC: 3) [0.50]
This course provides an overview of family dynamics, emphasizing themes of power, intimacy and family diversity. Topics may include: gender socialization, sexuality, mate selection, communication, abuse, couple interaction, parent-child relations, divorce, remarriage.
Offering(s): Also offered through Distance Education format.
Restriction(s): This is a Priority Access Course. Some restrictions may apply during some time periods. Please see the departmental website for more information.
Department(s): Department of Family Relations and Applied Nutrition Location(s): Guelph
FRHD*2270 Development in Early and Middle Childhood Fall Only (LEC: 3) [0.50]
This course is an examination of development in the early and middle childhood years, with emphasis on family and societal contexts.
Prerequisite(s): 1 of ANTH*1150, FRHD*1010, FRHD*1100, PSYC*1000, PSYC*1100, SOC*1100
Restriction(s): PSYC*2450. This is a Priority Access Course. Some restrictions may apply during some time periods. Please see the departmental website for more information.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*2280 Adolescent Development Fall Only (LEC: 3) [0.50]
This course examines psychosocial development in adolescence, emphasizing physiological, social and emotional changes.
Prerequisite(s): 1 of ANTH*1150, FRHD*1010, FRHD*1100, PSYC*1000, SOC*1100
Restriction(s): This is a Priority Access Course. Some restrictions may apply during some time periods. Please see the departmental website for more information.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*2400 Introduction to Human Services Winter Only (LEC: 3) [0.50]
This course explores the roles, responsibilities and competencies of work in human services, emphasizing the development of professional knowledge, skills and ethical values for working with individuals and families in a variety of settings. Major topics covered in this course will include working with diverse populations, developing professional communication skills, professional values and ethical practice, self-awareness, self-care, career exploration, program planning and implementation.
Prerequisite(s): 1 of FRHD*1010, FRHD*2060, FRHD*2270, FRHD*2280, PSYC*2450
Restriction(s): FRHD*2300, FRHD*2350. Restricted to students in BASC CYF, CYF:C, ADEV, ADEV:C, FSHD
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*3040 Parenting and Intergenerational Relationships Winter Only (LEC: 3) [0.50]
This course is a study of research concerning parent-child relationships across the lifespan.
Prerequisite(s): 8.00 credits
Co-requisite(s): FRHD*1020 or (1 of FRHD*2060, FRHD*2260, FRHD*2270, FRHD*2280, PSYC*2450)
Restriction(s): This is a Priority Access Course. Some restrictions may apply during some time periods.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*3060 Principles of Social Gerontology Fall Only (LEC: 3) [0.50]
A study of social and health aspects of individual and population aging, including theories and implications for understanding and working with the elderly.
Prerequisite(s): 8.00 credits including (1 of ANTH*1150, FRHD*1010, FRHD*1020, FRHD*1100, PSYC*1000, SOC*1100)
Restriction(s): This is a Priority Access Course. Some restrictions may apply during some time periods. Please see the departmental website for more information.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*3070 Research Methods: Family Studies Fall Only (LEC: 3) [0.50]
This course is a critical examination of research methods in family studies.
Prerequisite(s): 4.00 credits
Restriction(s): Restricted to students in BASC.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*3090 Poverty and Health Fall and Winter (LEC: 3) [0.50]
This course offers an in-depth examination of the factors associated with poverty across the lifespan, with a focus on the relationships between poverty and health and development. Poverty within vulnerable groups, issues concerning inequality and strategies to address poverty will also be explored.
Offering(s): Last offering - Winter 2022 as a Winter course First offering - Fall 2022 Offered in even-numbered years.
Prerequisite(s): 8.00 credits including (1 of FRHD*1010, FRHD*2260, FRHD*2270, FRHD*2280, PSYC*2450)
Restriction(s): This is a Priority Access Course. Some restrictions may apply during some time periods. Please see the departmental website for more information.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*3180 Observation and Assessment Laboratory Fall Only (LEC: 2, LAB: 1) [0.50]
Direct observation as a strategy for collecting information on children’s behaviour in applied and research settings is the focus of this laboratory course. Emphasis will be placed on theory, recording and interpreting observational data and communicating findings in written reports.
Prerequisite(s): 1 of FRHD*2040, FRHD*2300, FRHD*2400
Restriction(s): Restricted to students in BASc.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*3190 Administration of Programs for Children Winter Only (LEC: 3) [0.50]
This course examines the roles and responsibilities of administrators in programs for children with emphasis on the development of appropriate policies and procedures; management of human and financial resources; and internal and external communication within the context of multidisciplinary settings. Attention will be given to quality assurance, professional ethics, and continuing professional development.
Offering(s): Offered through Distance Education format only. Last offering - Summer 2021 as a summer course. First offering - Winter 2022 as a winter course.
Prerequisite(s): 8.00 credits including (1 of FRHD*1010, FRHD*2260, FRHD*2270, PSYC*2450)
Restriction(s): This is a Priority Access Course. Some restrictions may apply during some time periods. Please see the departmental website for more information.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph
FRHD*3200 Practicum I: Child Fall and Winter (LEC: 3, LAB: 12) [1.00]
This practicum provides students with a seminar and supervised experience with children and is designed to demonstrate the application of theory studied earlier in the program. It will also provide opportunities for working directly with young people while examining such topics as the role of the teacher, teacher-child interaction, and program implementation. Students wishing to enrol in this course must consult with the instructor during course selection.
**Prerequisite(s):** FRHD*2040
**Co-requisite(s):** FRHD*3180, FRHD*3400
**Restriction(s):** Registration in the BASC program (CYF, CYF:C, or CSTU majors). Instructor consent required.
**Department(s):** Department of Family Relations and Applied Nutrition
**Location(s):** Guelph

FRHD*3250 Practicum I: Youth Fall and Winter (LEC: 3, LAB: 12) [1.00]
Through seminar and supervised experience with youth, students will demonstrate the application of theory studied earlier in the program. This practicum course will also provide opportunities for working directly with youth in a community setting while examining the role of the professionals involved and the communication with youth and community members. Developing skills in programming planning, implementation, and evaluation is a primary objective. Students wishing to enrol in this course must consult with the instructor during course selection.
**Prerequisite(s):** FRHD*2300 or FRHD*2400
**Co-requisite(s):** FRHD*3400
**Restriction(s):** Registration in the BASC program (CYF, CYF:C, or FSHD majors). Instructor consent required.
**Department(s):** Department of Family Relations and Applied Nutrition
**Location(s):** Guelph

FRHD*3290 Practicum I: Adult Fall and Winter (LEC: 3, LAB: 12) [1.00]
This course offers students an opportunity to participate in seminar and supervised field placement in health and social service agencies. The practicum and seminar will develop students’ helping roles in agencies and facilitate the integration and application of theoretical knowledge from previous course work with practice. It will also provide opportunities for students to work directly with individuals and/or groups and to participate in on-going programs or services. Students wishing to enrol in this course must consult with the instructor during the course selection period.
**Prerequisite(s):** FRHD*2350 or FRHD*2400
**Co-requisite(s):** FRHD*3400
**Restriction(s):** Restricted to students in BASC ADEV, ADEV:C, FSHD. Instructor consent required.
**Department(s):** Department of Family Relations and Applied Nutrition
**Location(s):** Guelph

FRHD*3400 Communication and Counselling Skills Fall and Winter (LEC: 3) [0.50]
This course is an examination and analysis of the theories and methods of communication as applied within the processes of family counseling and consultation.
**Prerequisite(s):** 4.00 credits including (1 OF ANTH*1150, FRHD*1010, FRHD*1020, FRHD*1100, PSYC*1000, SOC*1100)
**Restriction(s):** This is a Priority Access Course. Enrolment may be restricted to particular programs or specializations or semester levels during certain periods. Please see departmental website for more information.
**Department(s):** Department of Family Relations and Applied Nutrition
**Location(s):** Guelph

FRHD*3500 Research Internship in Family Relations And Human Development Summer, Fall, and Winter (LAB: 6) [0.50]
This course will give students a direct, initial experience in conducting research in Family Relations and Human Development. The internship focuses on familiarizing students with the research process and building research skills through active engagement in research under the direct guidance of a faculty member.
**Prerequisite(s):** FRHD*3070, STAT*2090
**Restriction(s):** Instructor consent required.
**Department(s):** Department of Family Relations and Applied Nutrition
**Location(s):** Guelph

FRHD*4020 Family Theory Fall Only (LEC: 3) [0.50]
This course analyses theoretical approaches and concepts in the study of the family.
**Prerequisite(s):** 12.00 credits including FRHD*1020
**Restriction(s):** This is a Priority Access Course. Enrolment may be restricted to particular programs or specializations or semester levels during certain periods. Please see departmental website for more information.
**Department(s):** Department of Family Relations and Applied Nutrition
**Location(s):** Guelph

FRHD*4070 Topics in Family Relations and Human Development Unspecified (LEC: 3) [0.50]
Lecture-discussion or seminar on a selected topic in family studies. To be conducted by regular or visiting faculty with expertise in the area. Students should check with the Department of Family Relations and Applied Nutrition to determine what topic will be offered during specific semesters and which prerequisites, if any, are appropriate.
**Restriction(s):** This is a Priority Access Course. Some restrictions may apply during some time periods. Please see departmental website for more information.
**Department(s):** Department of Family Relations and Applied Nutrition
**Location(s):** Guelph

FRHD*4080 Topics in Family Relations and Human Development Unspecified (LEC: 3) [0.50]
Lecture-discussion or seminar on a selected topic in family studies. To be conducted by regular or visiting faculty with expertise in the area. Students should check with the Department of Family Relations and Applied Nutrition to determine what topic will be offered during specific semesters and which prerequisites, if any, are appropriate.
**Restriction(s):** This is a Priority Access Course. Some restrictions may apply during some time periods. Please see departmental website for more information.
**Department(s):** Department of Family Relations and Applied Nutrition
**Location(s):** Guelph
FRHD*4190 Assessment in Gerontology  Fall Only  (LEC: 2, LAB: 2)  [0.50]
This course provides an examination and critique of current methods of assessing older adults. Tools to be considered include those for assessing dementia, depression, and pain. Students will examine diagnostic criteria that form the underpinnings of most tests and then examine each test for its psychometric properties and appropriate use. An understanding of the ethical principles governing assessment will be gained.
Prerequisite(s): 12.00 credits
Co-requisite(s): FRHD*2060 or BIOM*4050
Restriction(s): This is a Priority Access Course. Some restrictions may apply during some time periods. Please see the departmental website for more information.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*4200 Issues in Human Sexuality  Winter Only  (LEC: 3)  [0.50]
An advanced analysis of sexual development. Specific attention will be given to sexual problems, and the concepts, methods and issues associated with sex education and counselling.
Prerequisite(s): 13.00 credits including FRHD*2100
Restriction(s): Restricted to students in BASc.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*4210 Senior Seminar in Early Education and Care  Fall Only  (LEC: 2, LAB: 2)  [0.50]
The course offers a study of the historical and philosophical basis of programs for young children evaluated from a developmental perspective. Emphasis will be on current approaches and programs and contemporary issues in early childhood programming. [Restriction(s): CSTU, CYF, CYF:C majors.]
Prerequisite(s): FRHD*3200
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*4250 Aging and Health  Winter Only  (LEC: 3)  [0.50]
This course offers upper level undergraduates a forum to explore issues related to aging and health across the adult life span. More specifically, the conceptual groundwork necessary for understanding the roles of the life span developmental perspective, individual development, physiological changes in human aging, contextual influences and interactions, and several models/theories of aging and health will be examined. A primary objective of the course is the integration of models and theory to facilitate understanding of aging and health topics. Topics include but are not limited to: age changes and disease processes (both acute and chronic); mental health and illnesses; medication use; disease prevention and health promotion; influence of health on family relationships, caregiving, and placement decisions; systemic and societal influences on health; and ethical issues and controversies surrounding the end-of-life care and decision making, advanced directives, assisted suicide, and death and dying.
Prerequisite(s): 13.00 credits including (1 of BIOM*2000, BIOM*3200, FRHD*2060)
Restriction(s): Restricted to students in BASc.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*4260 Social Policies  Winter Only  (LEC: 3)  [0.50]
This course focuses on current social policies, programs, and services that affect individuals and families. Issues include policies that affect caregiving, financial security, social service provision, and community resources.
Prerequisite(s): 13.00 credits, (1 of FRHD*2040, FRHD*2300, FRHD*2350, FRHD*2400, POLS*2230)
Restriction(s): FRHD*4320. Restricted to students in BASc.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*4290 Practicum II: Adult Fall and Winter  (LEC: 3, LAB: 16)  [1.00]
This course enables students to extend their knowledge and professional skills in a second supervised placement in a health or social service agency. The practicum and seminar provides students with additional opportunities to integrate theoretical knowledge with practice experiences. Students are expected to assume additional responsibilities related to program design and implementation and in their supervised work with individuals and/or groups. Students wishing to enrol in this course must consult with the instructor during the course selection period.
Prerequisite(s): FRHD*3290
Restriction(s): Restricted to students in BASC ADEV, ADEV:C, FSHD. Instructor consent required.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*4310 Professional Issues  Fall Only  (LEC: 3)  [0.50]
This course examines ethical and professional issues in working with children, youth, adults of all ages, and their families. A variety of institutional settings are considered (e.g., school systems, treatment agencies, youth residential programs, senior care facilities, hospitals). The complexities of professional practice with diverse populations are explored in depth. Professional communication skills and relevant legal aspects are also addressed.
Prerequisite(s): 12.00 credits
Co-requisite(s): FRHD*3400
Restriction(s): Restricted to students in BASc.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*4320 Social Policies for Children and Families  Winter Only  (LEC: 3)  [0.50]
This course focuses on current social policies, programs, and services that affect children’s development and family well-being. Issues include policies that affect income security, parental effectiveness, social service provision, and community resources.
Prerequisite(s): 13 credits including (1 of FRHD*2040, FRHD*2300, FRHD*2350, FRHD*2400, POLS*2230)
Restriction(s): FRHD*4260. Restricted to students in BASc.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph
FRHD*4330 Practicum II: Child Fall and Winter (LEC: 3, LAB: 16) [1.00]
This course enables students to extend their knowledge and professional skills in a second supervised placement working with children in a health, education or social service agency. The practicum and seminar provides students with additional opportunities to integrate theoretical knowledge with practice experiences. Students are expected to assume additional responsibilities related to program design and implementation and in their supervised work with individuals and/or groups.
Prerequisite(s): FRHD*3200 or FRHD*3250
Restriction(s): FRHD*4170, FRHD*4290, FRHD*4340, Restricted to students in CYF, CYFC or CSTU major. Instructor consent required.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*4340 Practicum II: Youth Fall and Winter (LEC: 3, LAB: 16) [1.00]
This course enables students to extend their knowledge and professional skills in a second supervised placement working with youth in a health or social service agency. The practicum and seminar provides students with additional opportunities to integrate theoretical knowledge with practice experiences. Students are expected to assume additional responsibilities related to program design and implementation and in their supervised work with individuals and/or groups.
Prerequisite(s): FRHD*3200 or FRHD*3250
Restriction(s): FRHD*4170, FRHD*4290, FRHD*4330. Restricted to students in CYF, CYFC or FSHD major. Instructor consent required.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*4350 Practicum III: Child Fall and Winter (LEC: 3, LAB: 16) [1.00]
This course provides advanced undergraduate students with further direct experience working primarily with children aged 0-12 years within the context of a community or school setting. Students will continue to develop applied skills in leadership, communication, teamwork, and reflective practice; implement and evaluate effective programs/programming; assess personal interests and strengths in working with children; develop an appreciation of the role of the family in these settings; and examine the role of continuous professional learning for early childhood professionals.
Prerequisite(s): FRHD*4330
Restriction(s): Restricted to students in CYF, CYFC or CSTU major. Instructor consent required.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*4400 Youth, Risk and Resilience Winter Only (LEC: 3) [0.50]
This course examines biological, and social-contextual aspects of developmental issues evident in childhood and adolescence. The theoretical perspective of developmental psychopathology will be used to examine literatures relating to risk, resilience, developmental trajectories, classification, assessment, and intervention. Students will have a chance to critically examine many mental health issues commonly found in childhood and adolescence.
Prerequisite(s): 13.00 credits including (1 of FRHD*1010, FRHD*2060, FRHD*2270, FRHD*2280, PSYC*2450)
Restriction(s): Restricted to students in BASc.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*4810 Thesis I Unspecified (LEC: 3) [0.50]
Planning, developing and writing a research proposal under individual faculty supervision. Topic to be decided by the student in consultation with the supervisory faculty member before they may course select or register for the course. Students are advised to contact the Department of Family Relations and Applied Nutrition for further information.
Prerequisite(s): FRHD*3070
Equate(s): CSTU*4810
Restriction(s): Instructor consent required.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph

FRHD*4910 Thesis II Unspecified (LEC: 6) [1.00]
The student will conduct and write an undergraduate thesis under the direction of a faculty member.
Prerequisite(s): FRHD*4810
Equate(s): FRHD*4911/2
Restriction(s): Instructor consent required.
Department(s): Department of Family Relations and Applied Nutrition
Location(s): Guelph